THE BRISTOL STOOL CHART

The Bristol Stool Form Scale or Bristol Stool Chart is a medical tool designed to classify the consistency of human stool into seven different categories. It was developed by Dr Ken Heston at the University of Bristol and was first published in 1997.

Monitoring the consistency of stool is a way of measuring how long it takes for food to pass through the body. It can be used before treatment to point doctors in the direction of a diagnosis for a digestive health issue, as well as during treatment to evaluate success.

Type 1		Seperate hard lumps, like nuts, which are hard to pass.
Type 2		Sausage-shaped but lumpy.
Type 3		Like a sausage, but with cracks in the surface.
Type 4		Like a sausage, smooth and soft.
Type 5		Soft blobs with clear cut edges.
Type 6		Fluffy pieces with ragged edges, a mushy stool.
Type 7		Watery with no solid pieces. Entierly liquid.

Navina™

At Wellspect we develop innovative continence care solutions that change people's lives. We are committed to inspire our users to build self-confidence and independence as well as good health andwell-being. We have been leading the industry for over 30 years with our product brands LoFric® and Navina™. We create reliable and user-friendly products for bladder and bowel management with as little environmental impact as possible. We passionately strive to become climate neutral and work closely together with users and healthcare professionals who constantly inspire us to improve our products and services in a sustainable way, now and for the future.

Wellspect. A Real Difference.

For more information about our products and our initiative
Advancing Continence Care Together (ACCT), please visit Wellspect.com.

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